

EXPLORE ON FOOT

What can you discover when all you need is a pair of walking shoes? Right outside your front door is a world to explore—the street, neighborhood, or piece of land you call home. Take a walk through your town, city, or nearby park. What sounds do you hear? Listen to the rhythm of someone riding a bike, a bird chirping, the wind that blows through the trees, and more. Paying close attention to what is around you can help spark your imagination or recall a fond memory.



SEE!

Horace Pippin's artwork, *West Chester, Pennsylvania* on view in the gallery at WAM and pictured here.

GUIDE TO LOOKING

What do you see?

If you were in this painting, what would you hear?

Who do you imagine lives here?

Horace Pippin, *West Chester, Pennsylvania*, 1942. Oil on canvas, 29 3/8 x 36 3/8 inches. Wichita Art Museum, Roland P. Murdock Collection

CREATE!

A WALKING COLLAGE

Researchers have found that walking for just 30 minutes increases creativity for up to two hours afterward. Go beyond your front door and see the world creatively around you! Bring along a bag or tote to collect items you find when you explore on foot.

A collage or assemblage is an arrangement of various materials in an artwork. While creating a collage, you may arrange or rearrange pieces to take a fresh look at familiar objects. All collected items offer exciting possibilities! How can they be used to create textures, shapes, color, and movement in a composition? What kinds of feelings and emotions do they possess? Creating a collage is excellent for experimentation and discovery.



